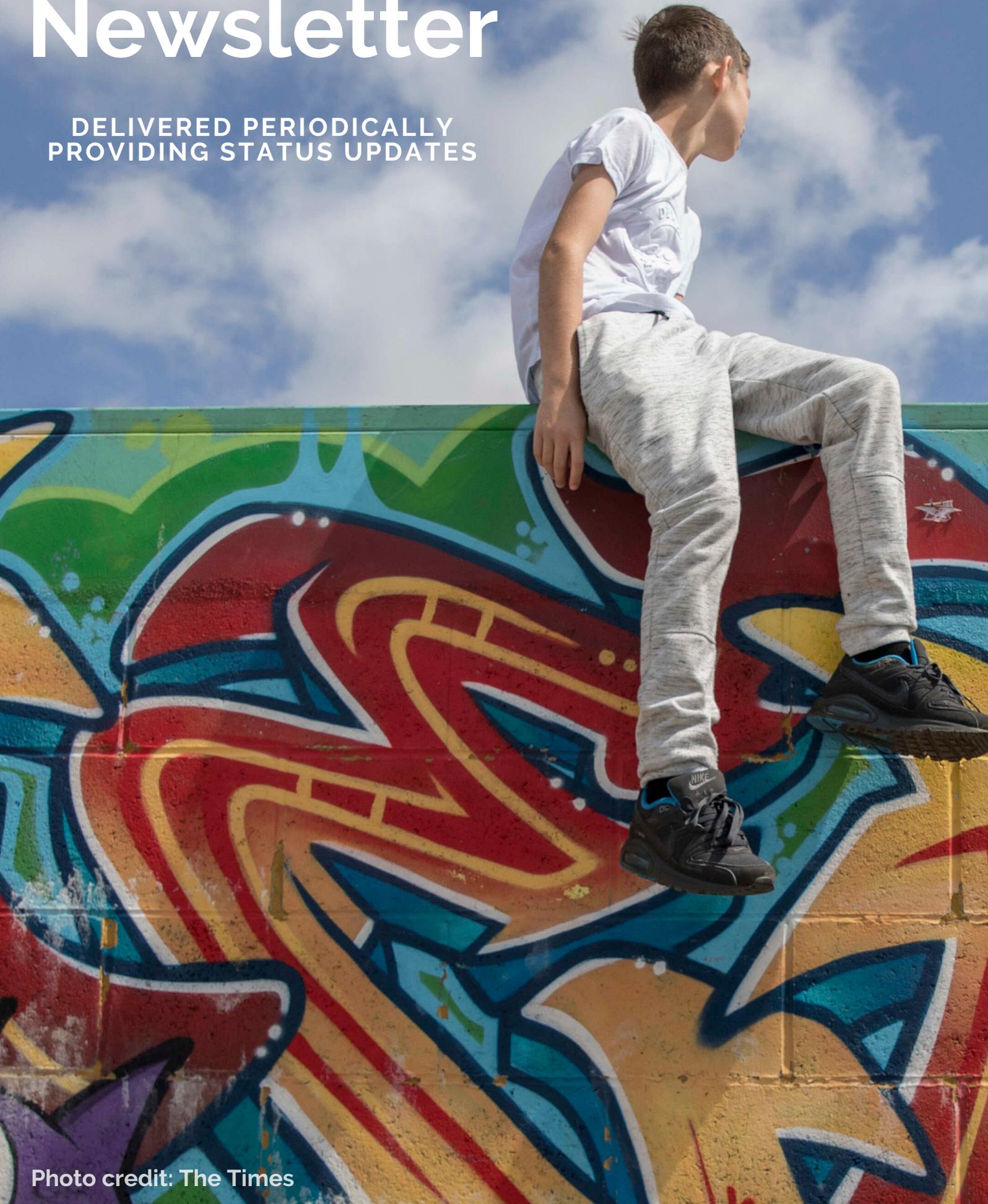


Newsletter

DELIVERED PERIODICALLY
PROVIDING STATUS UPDATES



Comment from PCC Katy Bourne

Hello,

We know that too often vulnerable young people become prime targets for organised crime groups. As a result, knife and drug-related crimes as well as anti-social behaviour are starting to increase.

Arresting young people is not necessarily the solution. So we must instead look at the bigger picture and work together to curb potential criminal behaviour at the earliest possible stage.



I am committed to safeguarding young people and giving them opportunities they otherwise wouldn't have. What makes the REBOOT programme unique is that it provides the tools to make an informed decision on how they'd like to spend their time positively, educating them on the consequences of their actions.

I'm proud that Sussex is leading the way with this approach and am eager to see this scheme rolled out across the UK.

A handwritten signature in black ink, appearing to read 'K. Bourne'.

Katy Bourne OBE
Sussex Police & Crime Commissioner

REBOOT Policing Protocol

The REBOOT policing protocol launched on the 1st April 2019. It brings together core organisations including: Youth Offending Service; Sussex Police; YMCA DownsLink Group; Hangleton and Knoll Project; Audio Active; TDC; Freedom Leisure; Wave Leisure; Active Sussex; Changing Chances; Make (Good) Trouble and NHS Partnership Trust.

The protocol provides an early opportunity to divert young people away from potential involvement in criminality.



Why REBOOT?

Often, it only takes one positive intervention to change the negative direction of a young person's life. You can be that person to make a difference, offering a vital lifeline to prevent them becoming a future victim/suspect of crime.

"REBOOT's timely interventions, along with support provided by partner agencies, helps to build a young person's resilience and improves their own critical thinking ability. We encourage them to recognise the risks to themselves and really think about who they are associating with. We have already seen how REBOOT can really change the direction of a young person's life. Simply by investing early on, and helping these young people develop their skills and build on positive relationships, we can divert them away from situations which would otherwise put them at risk of serious violence."

Sgt Kate Blackburn
Sussex Policing Protocol lead



Photo credit: Make (Good) Trouble

REBOOT COACHING

The YMCA DownsLink Group were awarded the contract to deliver REBOOT youth coaching across Sussex. The contract is in conjunction with Audio Active, The Trust for Developing Communities and the Hangleton and Knoll Project. They have employed 9 new coaches. They predominantly receive referrals from the policing protocol and within education.



WHO ARE YOUR COACHES?



Patrick (Eastbourne): Previously worked as a young person's support & advice worker giving 1:1 support.



Paul (Worthing): 17 years of experience in managing young people with complex needs.



Greg (Lewes): Previously volunteered as a youth advice centre mentor.



Laura (Horsham): Previously set up Prince's Trust in Worthing and has experience in taking a therapeutic approach with young people.



Carl (Hastings): Volunteers with restorative justice and an expert in county lines, exploitation and gangs.



Matt (Crawley): Qualified teacher with 7 years special educational needs experience.



Astrid (Brighton): Previously supported children through 1:1 support and runs her own youth workshops.



Helen (Brighton): Senior youth worker, developing an award winning youth centred project.



Adam (Brighton): Previous public sector work supporting vulnerable children, homeless people and within mental health services

YMCA DOWNSLINK GROUP

 **AudioActive**



The Hangleton & Knoll Project
Working for a better community

Reg. Charity No. 1139971

REBOOT COORDINATORS

Sussex Police are currently leading on delivering the REBOOT early Intervention Protocol.

This page provides the contact details, photos and bio's for all staff from within Sussex Police protocol.



MEET THE POLICE REBOOT TEAM



Ben West (East Sussex) "I love being part of this team and I have a real passion to be involved in changing the lives of young people. I love the impact that this programme can bring as a pan Sussex approach, I believe all young people should have an opportunity to change their lives and being able to do this at a young age will be more effective for them in their future and for their peers and families. This is an exciting collaborative approach working alongside partners to deliver what I believe is a great programme."



Eloise Slaughter (West Sussex) "I joined the police in 2017 and I am currently studying a Criminology degree. I am interested in the early indicators of criminality and the reasons behind offending behaviour. I have always been passionate about policing and safeguarding work. I am very excited and honoured to be a part of the inspiring early intervention project and to be involved in making a positive difference to the lives of young people and to the community."



Paul Gregory (Brighton and Hove) Towards the beginning of January 2020, Paul will be leaving the team to return to the Niche Change team at Lewes Headquarters. We would all like to thank Paul for his exceptional work over the past 10 months. You have helped make a real difference to the lives of many young people across Brighton.



Kate Blackburn: "I joined the team because it was an opportunity not to be missed. I am always looking for innovative ways of working and keen to explore new ideas. The impact the police can have on someone's life can be so pivotal, I am really proud to be part of a team that has the opportunity to divert a young person from going down the wrong path. Early intervention is the key to the future."

Feedback

Positives

The REBOOT programme receives feedback from the young people and parents/carers. This gives the team a clear indication of the positive impact that is being made on the lives of so many across Sussex.

The REBOOT team have included some quotes below from both parents and the young people within the REBOOT scheme. In the first seven months, only 127 young people from the 527 referred into the scheme continued those risk factors receiving intensive support. You all played a part in safeguarding those young people.



Quotes

"Our 'Youth Coach' came into our lives like an angel just at a moment where my son's school seemed to have failed him. She is upbeat, positive, encouraging and identified immediately the strengths of my son, celebrating them within the very first meeting. If only each school could have an internal Youth Worker there to support each child on a weekly basis, be it only 20 minutes, then society would be a better place. Helen has been the regular helping hand to us, very much needed in a unit of two. Like a Fairy Godmother who has wheels, advice and some cash to spend! We are going to miss her greatly. Her time encouraging my son to focus on all his passions... has now put him back on track and the future is his to grab. Thank you so much."

"Having someone that finally cares, I noticed a positive difference in my son's daily motivation . I hope we can continue to work with him to help him make positive difference"

"That moment the PCSO knocked on my door and spoke to me, I knew that I wasn't alone and someone cared"

"The help has been good and the gym is giving me something better to do than hanging around the town."

REBOOT Organisations Explained



Active Sussex works with leisure providers in the local area, using the power of sport and physical activity to transform lives. The Reboot programme offers a three month free leisure pass as a diversionary activity.

A Liaison and Diversion referral prompts a visit from a nurse who will conduct a screening and assessment with people who have mental health problems, learning disabilities, substance misuse problems and other vulnerabilities.



Sussex Partnership
NHS Foundation Trust

YMCA DOWNSLINK GROUP

YMCA DLG offers a one-to-one youth coaching service that emphasises your strengths and supports you in overcoming any barriers you might be facing, in order to make positive changes in your life.

Coming Soon to REBOOT...



Training

Changing Chances are delivering The Empowerment Approach training to the REBOOT team, Prevention Youth Officers and PCSOs across Sussex. The programme aims to help children and the adults around them to recognise their needs and develop the pro-social skills they need for success in life. It was created by educationalists, psychologists and coaches and draws on research into therapeutic approaches designed to help children understand their behaviour and to develop the skills to make positive changes.

Intensive Family Support

Changing Chances will be conducting parenting coaching at stage 2 of REBOOT, including intensive home support. The sessions will initially consist of up to 10 families creating an evidence base into 2020/2021.

The funding will initially deliver coaching across two areas, alongside the YMCA DownsLink Group coaching service. Cognitive strengths based assessments will be conducted for all young people, enabling the coaches to ensure that they are able to reach their potential by focusing on their strengths.



**MAKE
(GOOD)
TROUBLE**

Digital peer to peer support

Make (Good) Trouble: this pilot will provide the tools and insight to develop and create an Adolescent Mental Health Digital Intervention Toolkit. This would be accessible on all smart phones and include a step-by-step guide that helps young people understand how to regulate their emotions better. It will be designed by teens, for teens, and aims to be delivered nationally in schools. This will assist in reducing the risks of serious violence by delivering relevant help to vulnerable children in key stages. It is closely aligned with REBOOT's intervention and prevention, with remote monitoring of progress of each young person online.

How can I make REBOOT better?

Please visit our website :

www.sussex-pcc.gov.uk/reboot

If you require further information about REBOOT or if you would like to be added to the distribution list for the periodical newsletter and performance report, please contact the Programme Manager, Christopher Varrall.

Email: christopher.varrall@sussex-pcc.gov.uk

Tel: 01273 481561

The police and partnership protocol team can be contacted at reboot@sussex.pnn.police.uk.

To find out more about the partnership referral pathway, visit the website www.ymcadlg.org/reboot where you will find a referral form

email: reboot@ymcadlg.org, or tel: 01273 222550



**Sussex
Police & Crime
Commissioner**

WWW.SUSSEX-PCC.GOV.UK/REBOOT