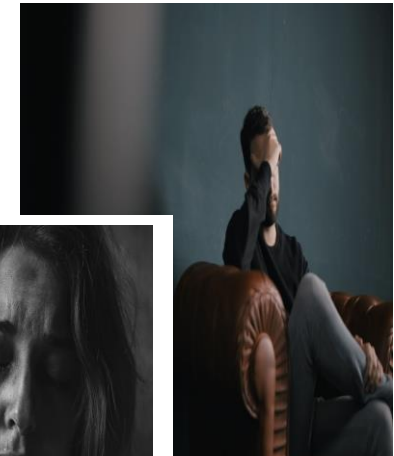




# “Practice Points”

## Learning Scenarios

### Parental Mental Health



**To be used in Team/Group Sessions/Supervision  
As a 15-minute discussion point.**

The BHSCP Learning & Development subcommittee invite you, in team meetings or during group supervision, up to four times a year to discuss a child safeguarding issue.

We encourage responses to be included in your team minutes and forwarded to the safeguarding lead within your organisation.

We hope that this is a way in which frontline staff across the city can explore some areas of learning without the need to attend formal training. It should also highlight areas of further learning.

We are happy to help with access to relevant learning materials

Consider the following question and discuss.....

**A child in your care, comes and tells you that his father, is “seeing things” again, and that he is saying that the children are not allowed out after dark, because “bad things happen”, this means that they are no longer attending after school events.**



**What would or could you do to assist this young person and or his family?**

**Points for Discussion:**

How would you progress this matter?

What further information would you like from the family or child/young person?

Would you advise the family of your concerns?

Do you require any further information from other agencies and how might you obtain this?

What is your role in this situation?

How would you assess this risk?

**If you are leading this discussion here is some information for you to investigate to assist with the discussion:**

**BHSCP - <https://sussexchildprotection.procedures.org.uk/kyqyq/children-in-specific-circumstances/parenting-capacity-and-mental-health-issues/#s4308>**

**BSUH - <https://www.bsuh.nhs.uk/maternity/our-services/specialist-support/mental-health/>**

**SPNHS - <https://www.sussexpartnership.nhs.uk/perinatal> - <https://www.sussexpartnership.nhs.uk/MHRRS>**

**BHCCG - <https://www.brightonandhoveccg.nhs.uk/your-care/get-the-right-care/mental-health-support/>**

**Southdown - <https://www.southdown.org/news/new-mental-health-services-brighton-hove>**

**There may be other information available, and links to these maybe held within the information above.....**