




Brighton & Hove Family Help – The Right Support at the Right Time

	Level 1. Universal Child has needs met within universal provision. May need limited intervention within the setting to avoid needs arising.	Level 2. Family Help Child has additional needs where more structured and focused help, sometimes through one professional or agency in order to prevent needs from escalating. May also require a more structured plan of support in order to co-ordinate help needed, in order that agreed outcomes can be reached.	Level 3. Specialist Services to Address Acute & Chronic Need Child will need specialist support that is led by children's social work or another specialist service, or those who are most vulnerable where Family Help Plans have been tried but not able to make tangible difference, or where a child is at risk of significant harm or has suffered significant harm.
Child Developmental Needs	<ul style="list-style-type: none"> Good attendance (above 90%) Meeting developmental & learning milestones Has emotional well-being Ability to protect self and be protected Resilient and able to adapt to change Physically healthy Age-appropriate self-care & independence skills Positive sense of self and abilities Ability to express needs 	<ul style="list-style-type: none"> Absence/truancy from school that may become persistent Incidence of absence/missing from home that may become regular or with no explanation. Persistent poor behaviour in school that may lead to fixed term exclusions or no school place. Risk of social exclusion Poor relationships Language and communication difficulties Disability or additional special educational needs Potential for becoming NEET / NEET Difficulty in achieving in education Developmental milestones delayed or not being met which could be attributable to the care received by the child. Missing health checks/immunisations which could lead affect developmental progress. Minor health problems / Chronic or recurring health problems Early signs of offending/anti-social behaviour which could lead to child entering the Youth Justice System Underage sexual activity which may lead to teenage pregnancy. Risky sexual behaviour (e.g. unprotected sex) Drug/alcohol misuse Poor self-esteem Mental health Emotional & behavioural issues that may be linked to attachment and/or emotional development delay Children who were previously in care, and children who do not live with their birth parents. i.e adopted children, Special Guardianship Orders, Kinship Care No access to universal services / Hidden Children 	Persistent/continued/severe: <ul style="list-style-type: none"> Chronic persistent absence, permanent exclusions or no school place that risks entry to the care system Persistent social exclusion Poor relationships Complex / multiple disabilities Complex mental health issues affecting development needs, including self-harm High level emotional health issues and very low self-esteem Non-organic failure to thrive Inappropriate sexual knowledge / sexualised behaviour for age Harmful Sexual Behaviour / Peer on Peer Abuse Teenage parent/pregnancy under the age of 13 Concerns about exploitation (including sexual exploitation / abuse, radicalisation; criminal exploitation; gang affiliation) Child victims of modern slavery or human trafficking Drug/alcohol use severely impairing development Frequently missing from home resulting in self-neglect Relationship breakdown between child & parent Offending and in the criminal justice system Unaccompanied minors Unexplained / suspicious injury Fabricated or Induced Illness
Family & Environment	<ul style="list-style-type: none"> Stable & affectionate relationships with caregivers Housed, good diet and kept healthy Supportive networks Access to positive activities Positive relationships with peers Positive relationships with parents Positive sense of self and abilities 	<ul style="list-style-type: none"> Young carers Poor parent/child relationships Children of prisoners / parents subject to community orders Bullying Poor housing & home environment impacting on child health Community harassment/ discrimination Low-income households which could impact the child's ability to thrive (need to include link to anti-poverty statement) Parenting advice needed to prevent needs escalating Parental conflict and risk of relationship breakdown Domestic abuse & coercive control Housing tenancy at risk Transient families No recourse to public funds 	<ul style="list-style-type: none"> Suspicion of physical, emotional or sexual abuse or neglect Domestic abuse resulting in child being at risk of significant harm Homeless child/young person Family intentionally homeless Community harassment/discrimination Extreme poverty affecting child well-being Forced marriage, Honour Based Violence, Female Genital Mutilation/cutting Significantly harmful parental conflict and/or relationship breakdown
Parents & Carers	<ul style="list-style-type: none"> Protected by carers Secure and caring home Receive and act on information, advice and guidance Appropriate boundaries maintained 	<ul style="list-style-type: none"> Inconsistent care arrangements Poor supervision by parent/carer Poor response to child's identified needs Parents/carers own childhood experiences – i.e. Adverse Childhood Experiences Parental learning/physical disability, substance misuse or mental health impacts on parenting ability 	<ul style="list-style-type: none"> Edge of care Parental encouragement of abusive/offending behaviour Continuing poor supervision in the home Parental non-compliance / superficial co-operation Inconsistent parenting affects child's developmental progress Private fostering
Action & Assessment	 <p>Go direct to Service, search the Family Services Directory Family Service Directory Useful Information (familyinfobrighton.org.uk) No formal Assessment</p>	 <p>Consider Family Help Guidance and Assessment through Family Hubs. In more complex circumstances a Family Help Strengthening Families Assessment (FHSFA) should be undertaken to understand need and to co-ordinate work across agencies to best address this need. For advice or guidance in respect of the child's needs contact Family Hubs.</p>	 <p>Contact Front Door for Families on 01273 290400 or if a child is in immediate risk call the Police on 999. Family Help Strengthening Families Assessment → Child in Need Plan or Child Protection Conference</p>

Family Hubs – familyhubs@brighton-hove.gov.uk

Front Door for Families – 01273 290400 www.brighton-hove.gov.uk/frontdoorforfamilies

View the Brighton & Hove Family Help – The Right Support at the Right Time, BHSCP Vision for Family Help & Relationship-Based Model of Practice, Family Help Framework: Interactive Guide, Anti-racist Practice Statement, and the Poverty Aware Practice Statement online at BHSCP.org.uk

